

# Our Family's Digital Stewardship Covenant

"Whatever you do, do all to the glory of God." – 1 Corinthians 10:31

## 1. Our Biblical Purpose for Technology

As a family, we recognize that all things belong to God, including our digital resources. Our goal is to use technology to glorify Him, strengthen our relationships, and grow in wisdom. We commit to:

- Using technology as a tool for learning, creativity, and Kingdom impact.
- Prioritizing real-life relationships over digital distractions.
- Guarding our hearts and minds by consuming content that aligns with Philippians 4:8.

## 2. Sacred Tech-Free Times & Places

To ensure technology serves us rather than controls us, we establish the following **sacred spaces and times** where devices will be put away:

- ✓ **Meals:** Phones and screens stay off the table during breakfast, lunch, and dinner.
- ✓ **Worship & Devotionals:** No devices during family prayer, Bible study, or church services.
- ✓ **Bedtime & Mornings:** Screens are turned off at least **30 minutes before bed** and not used until after morning devotions.
- ✓ **Family Time:** Special gatherings, game nights, and outings remain tech-free unless needed for an emergency.

## 3. Expectations for Digital Communication & Social Media

- We will **speak with kindness and integrity** online and offline (Ephesians 4:29).
- Parents will **monitor social media** and set age-appropriate boundaries for online activity.
- No **secret or hidden** accounts, apps, or conversations.
- We will **ask permission** before sharing photos of family members online.
- Before posting, we will ask: *Does this honor God? Does this reflect Christ's love?*

## 4. Accountability with Grace & Truth

- We will **hold each other accountable** in love, following Matthew 18:15-17 if correction is needed.
- Parents will **review screen time and content** weekly with children.
- Family members will **confess struggles** with digital temptations, knowing that grace is available (1 John 1:9).
- **Check-in conversations** will be scheduled monthly to evaluate digital habits.

## 5. Consequences for Breaking the Covenant

When boundaries are not respected, we will respond with grace but also with firm action. Consequences may include:

- **Loss of screen privileges** for a designated time.
- **Increased accountability**, such as extra parental review of apps or messages.
- **Restorative actions**, such as writing a reflection on responsible tech use.
- **Family discussions** to reaffirm our commitment to this covenant.

### Our Commitment

By signing this covenant, we acknowledge our shared responsibility to honor God in our digital lives. We commit to using technology wisely, building healthy habits, and holding one another accountable in love.

**Signed:**

✂ **Parent(s):** \_\_\_\_\_ Date: \_\_\_\_\_  
 ✂ **Children:** \_\_\_\_\_ Date: \_\_\_\_\_

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This document can be printed, displayed in the home, and revisited regularly. Let me know if you'd like any refinements! 😊