

DIY Step-by-Step Legacy Writing Guide 🕯️

For Christian Grandparents – Psalm 78



Step 1 – Begin with Your Sacred Legacy Prompt Companion

First, dear friend, download your free [Sacred Legacy Prompt Companion](#). Think of it as a gentle, Scripture-rooted conversation between your heart and the Lord—a way to draw out the stories, blessings, and lessons He's written into your days. These prompts are woven with **love, faith, and hope**, so you can "tell to the generation to come the praises of the Lord" (*Psalm 78:4*).



Step 2 – Write in a Place That Feels Sacred

You may write at your desk, your kitchen table, or in a quiet corner by the window. If you can, set apart a little space for this work—perhaps a candle, your Bible, and a favorite pen—so that every time you sit there, your heart knows, *This is holy ground*. Let your writing be part devotion, part testimony. Write when the Spirit stirs you—no deadlines, no pressure.

You may choose to tuck in photographs, postcards, or little mementos. Some even add QR codes linking to recorded messages for their family. These extras are not required, but they carry the warmth of your voice into the years ahead.



Step 3 – Gather Your Legacy Pages

When you've finished, gather your words—typed, handwritten, or both—into one safe place. Arrange them in a way that feels natural: by year, by theme, or by the people you're writing for. And if you can, handwrite at least some of your pages. There is something deeply personal about a loved one tracing the lines of your script with their eyes.

Step 4 – Choose Your Binding

When your pages are ready, it's time to give them a home. Take them to a print shop or bookbinder and choose the style that suits your story.

(I am not endorsing any specific company or supplier—these are simply suggestions to help you begin.)

Spiral Binding

Friendly, simple, and easy to open flat.

- Ask: "Please spiral bind these pages with a clear front cover and a black vinyl back."
- Where: FedEx Office, Staples, Office Depot, or most local print shops.
- Cost: \$5–\$10
- Example: **FedEx Office Binding**

Perfect Binding

Polished and gift-ready, like a bookstore softcover.

- Ask: "Please perfect bind these pages with a matte or glossy cover."
- Where: Local print shops or online printers such as **Printivity** or **48 Hour Books**
- Cost: \$25–\$50

Screwpost Binding

Archival beauty for the do-it-yourself heart, with room to add pages in the future. (My personal favorite.)

- Option 1 – Local: Ask a specialty bookbinder or photo lab, "Do you offer screwpost binding for custom books or portfolios?"
- Option 2 – DIY:
 - a. Order a screwpost binder online (search "archival screwpost binder").
 - Examples: **MyBinding**, **Screwpost Binders**, **Gaylord Archival Screwpost Binders**
 - b. Have your pages printed and **3-hole drilled** at a print shop ("for screwpost binder, standard spacing").
 - c. Assemble the pages into the binder and fasten with the posts.
- Cost: \$20–\$80 depending on materials (linen, leather, or wood).

Step 5 – Present Your Legacy with Prayer

When the time comes, give your book in a quiet moment—no rush, no crowd. Let it be a gift of the heart. Before you pass it on, pray over it:

"Lord, may these words carry Your truth, may they plant seeds of faith in every heart that reads them, and may Your steadfast love endure to all generations." (*Psalm 78:4*)

Wrap it in ribbon, tuck it into a keepsake box, or fold it gently into a handkerchief—just as our mothers and grandmothers once did with their most precious letters.



Step 6 – Your Ongoing Legacy

Remember, a legacy isn't finished the day you hand it over. It's a living testimony—one that grows with every story you tell and every truth you share. Keep writing. Keep blessing. Keep pointing them to Jesus.



A close-up photograph of a person's hands, likely an elderly individual, resting on the cover of a dark-colored book. The book cover features the words "From My Family" written in a gold, cursive font. The background is softly blurred, showing what appears to be a window with light coming through. The overall mood is warm and intimate.

From Your Heart to Theirs

Your legacy is a precious gift, a testament of faith and love that echoes through generations. Begin this beautiful journey of sharing your heart's deepest truths with those you cherish. Each word you write becomes a beacon for their future, guiding them with wisdom and prayer.

Visit cindyseki.com to get started

From Your Heart to Theirs

An open book with handwritten text and a photo collage on a desk. The book is open to a page with handwritten text in cursive. A small white flower is tucked into the pages on the left. On the right page, there is a collage of four small black and white photographs. The book is resting on a desk with a lamp base visible in the upper right corner. The overall scene is dimly lit, creating a warm and intimate atmosphere.